

April 23, 2018

## Notice of Benefit Changes

This Notice contains important information about changes to your SAG-AFTRA Health Plan (Plan) benefits. These changes constitute material modifications to the benefits set forth in the Summary Plan Description (SPD) dated January 1, 2017. The enclosed Covered Preventive Care Services table replaces the table on pages 66 – 68 of the Summary Plan Description (SPD).

As you may be aware, the Affordable Care Act requires coverage for certain preventive items and services at a zero dollar cost share to participants and dependents when rendered by an in-network provider. The items and services that must be covered at 100% are based on the recommendations of the U.S. Preventive Services Task Force (USPSTF), the Advisory Committee on Immunization Practices and the Health Resources and Services Administration. The Plan, along with its healthcare partners Anthem Blue Cross and Express Scripts (ESI), regularly monitor these recommendations to be certain our benefits remain compliant with the law. The following is a summary of the changes to the preventive services list effective January 1, 2018.

All of the changes are additions to the prior list of preventive items and services to be provided at a zero dollar cost share to you and your dependents when rendered by an in-network provider:

- Additional screenings for adolescents.
- Statin drugs for adults who meet the age and risk criteria established by the USPSTF.
- Choice of obtaining contraceptives administered in the Physician's office under the medical or ESI prescription drug benefits.
- Coverage of aspirin to prevent preeclampsia in pregnant women at higher risk when prescribed by a Physician.
- Pregnant women can now obtain folic acid supplements directly from a pharmacy under the ESI prescription drug benefits with a Physician's prescription.

As a legal Summary of Material Modifications, please keep this notice with your copy of the Plan's SPD. For more information please refer to the SPD, available at [www.sagaftraplans.org/healthspd](http://www.sagaftraplans.org/healthspd).

## Covered Preventive Care Services as Required by the Affordable Care Act

NEWBORNS	<ul style="list-style-type: none"> <li>Gonorrhea preventive medication for eyes</li> </ul>	<ul style="list-style-type: none"> <li>Screening for:               <ul style="list-style-type: none"> <li>Hearing loss</li> <li>Hemoglobinopathies or sickle cell disease</li> <li>Hypothyroidism</li> <li>Phenylketonuria (PKU)</li> </ul> </li> </ul>
CHILDHOOD/ ADOLESCENT IMMUNIZATIONS	<ul style="list-style-type: none"> <li>Diphtheria, Tetanus, Pertussis</li> <li>Haemophilus Influenzae Type B</li> <li>Hepatitis A and B</li> <li>Human Papillomavirus (HPV)</li> <li>Inactive Poliovirus</li> <li>Influenza (flu)</li> </ul>	<ul style="list-style-type: none"> <li>Measles, Mumps, Rubella</li> <li>Meningococcal</li> <li>Pneumococcal (pneumonia)</li> <li>Rotavirus</li> <li>Varicella (chickenpox)</li> </ul>
CHILDHOOD	<ul style="list-style-type: none"> <li>Autism screening for children at 18 and 24 months</li> <li>Behavioral assessment for children of all ages</li> <li>Blood pressure screening</li> <li>Developmental screening for children throughout childhood</li> <li>Dyslipidemia screening for children at higher risk of lipid disorder</li> <li>Fluoride supplements for children without fluoride in their water. Fluoride supplements require a Physician's prescription and are covered under the Express Scripts prescription drug benefits.</li> <li>Height, weight and BMI measurements</li> <li>Hematocrit or hemoglobin screening</li> </ul>	<ul style="list-style-type: none"> <li>Iron supplements for children six to 12 months at risk for anemia. Iron supplements are covered under the medical benefits and require a Physician's prescription to be considered for coverage.</li> <li>Lead screening for children at risk of exposure</li> <li>Medical history for all children throughout development</li> <li>Obesity screening and counseling</li> <li>Oral health risk assessment for young children</li> <li>Tuberculin testing for children at higher risk of tuberculosis</li> <li>Vision screening when performed during the course of a routine pediatric visit</li> </ul>
ADDITIONAL SCREENINGS FOR ADOLESCENTS	<ul style="list-style-type: none"> <li>Alcohol and drug use assessment</li> <li>Cervical dysplasia screening for sexually active young women</li> <li>Depression screening</li> <li>Domestic and interpersonal violence screening and counseling for young women</li> <li>Hepatitis B screening for adolescents at higher risk</li> </ul>	<ul style="list-style-type: none"> <li>HIV screening for adolescents at higher risk</li> <li>Sexually transmitted infection (STI) prevention counseling and screening for adolescents at higher risk</li> <li>Well-woman visits</li> </ul>



ADULTS	<ul style="list-style-type: none"> <li>Alcohol misuse screening and counseling</li> <li>Aspirin use to prevent cardiovascular disease and colorectal cancer. Aspirin is covered under the Express Scripts prescription drug benefits provided you have a Physician's prescription and you meet the age and risk criteria.</li> <li>Blood pressure screening</li> <li>Cholesterol screening for men age 35 or older, women age 45 or older, and younger adults at higher risk</li> <li>Colorectal cancer screenings, including fecal occult blood testing, sigmoidoscopy or colonoscopy for adults age 50 or older</li> <li>Depression screening</li> <li>Diabetes screening for type 2 diabetes for adults with high blood pressure</li> <li>Diet counseling for adults at higher risk for chronic disease</li> </ul>	<ul style="list-style-type: none"> <li>Hepatitis B screening for adults at higher risk</li> <li>Hepatitis C screening for adults at higher risk and one time for everyone born 1945 through 1965</li> <li>HIV screening for everyone ages 15 through 65 and other ages at higher risk</li> <li>Lung cancer screening for adults at higher risk</li> <li>Obesity screening and counseling</li> <li>Sexually transmitted infection (STI) prevention counseling for adults at higher risk</li> <li>Statin use to prevent cardiovascular disease. Statins are covered under the Express Scripts prescription drug benefits provided you meet the age and risk criteria.</li> <li>Syphilis screening for adults at higher risk</li> <li>Tobacco use screening for all adults and cessation interventions for tobacco users. Cessation interventions are covered under the Optum Quit for Life® Program (see page 72).</li> </ul>
ADULT IMMUNIZATIONS	<ul style="list-style-type: none"> <li>Diphtheria, Tetanus, Pertussis</li> <li>Hepatitis A and B</li> <li>Herpes Zoster (shingles)</li> <li>Human Papillomavirus (HPV)</li> <li>Influenza (flu)</li> </ul>	<ul style="list-style-type: none"> <li>Measles, Mumps, Rubella</li> <li>Meningococcal</li> <li>Pneumococcal (pneumonia)</li> <li>Varicella (chickenpox)</li> </ul>
ADDITIONAL SCREENINGS FOR MEN	<ul style="list-style-type: none"> <li>Abdominal aortic aneurysm one-time screening for men age 65 to 75 who have smoked</li> </ul>	

ADDITIONAL SERVICES AND SCREENINGS FOR WOMEN

- BRCA counseling about genetic testing for women at higher risk
- Breast cancer chemoprevention counseling for women at higher risk
- Breast cancer mammography every one to two years for women age 40 or older
- Cervical cancer screening
- Chlamydia infection screening for younger women and women at higher risk
- Contraception for women with reproductive capacity – FDA-approved contraception methods, sterilization and contraceptive coverage. Contraceptives that are administered in the Physician’s office such as Norplant, intrauterine devices (IUDs) and Depo-Provera are covered under the medical benefits. Or, you may obtain these medications or devices under the Express Scripts prescription drug benefits and submit any associated professional fees for reimbursement under the medical benefits. Birth control pills, diaphragms, vaginal rings, patches and over-the-counter contraceptives are covered under the Express Scripts prescription drug benefits. Over-the-counter items require a Physician’s prescription. Condoms are not covered.
- Domestic and interpersonal violence screening and counseling
- Gonorrhea screening for women at higher risk
- Human Papillomavirus (HPV) DNA testing every three years for women age 30 or older
- Osteoporosis screening for women age 60 or older, depending on risk factors
- Well-woman visits

SPECIFICALLY FOR PREGNANT WOMEN

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| <ul style="list-style-type: none"> <li>• Anemia screening</li> <li>• Aspirin use to prevent preeclampsia for women at higher risk. Aspirin is covered under the Express Scripts prescription drug benefits and requires a Physician’s prescription.</li> <li>• Breastfeeding support, supplies and counseling</li> <li>• Folic acid supplements for women who may become pregnant. Folic acid supplements are covered under the Express Scripts prescription drug benefits and require a Physician’s prescription.</li> </ul> | <ul style="list-style-type: none"> <li>• Gestational diabetes screening</li> <li>• Hepatitis B screening during the first prenatal visit</li> <li>• Prenatal visits</li> <li>• Rh incompatibility blood type screening, including follow-up testing for women at higher risk</li> <li>• Urinary tract or other infection screening</li> </ul> |
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The Plan will not deny coverage for sex-specific benefits for which an individual is otherwise eligible because his or her gender does not align with other aspects of their sex or with the sex assigned to them at birth.