



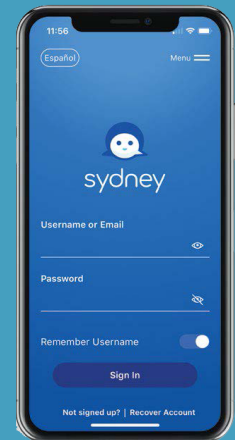
# How to submit a Claim

It's important to note that you should not send Claim forms to the Plan for services received January 1, 2023 and after.

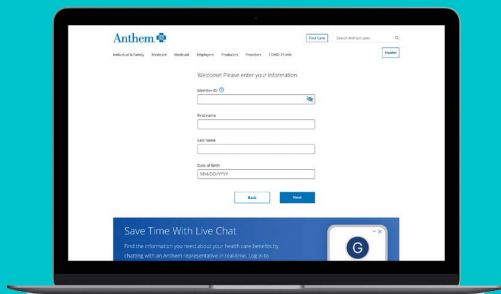
Typically, your healthcare provider will handle filing Claims for you and your enrolled Dependents. If they don't submit a claim for you, here is how you can submit on your own:

## Sydney Health App

Follow the steps in the app to submit



OR



[Anthem.com/ca](https://Anthem.com/ca)

OR

Download forms on [Anthem.com/ca/forms](https://Anthem.com/ca/forms) and mail to  
Anthem Blue Cross  
P.O. Box 600070  
Los Angeles, CA 90060-0007



If you have questions, contact Anthem at (833) 414-5790, or log in to the [Sydney Health app](https://SydneyHealth.app) or [Anthem portal](https://Anthem.portal).