



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, you can visit us at sagafraplan.org/health; or call 1-800-777-4013. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.cco.cms.gov; or call 1-800-777-4013 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	Combined In-network medical/hospital – \$500 person/\$1,000 family Out-of-network medical – \$500 person/\$1,000 family. Separate <u>deductibles</u> for <u>prescription drugs</u> and dental. <u>Copayments</u> (copays) and <u>coinsurance</u> do not count toward the <u>deductible</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. In-network office visits, in-network <u>preventive care</u> , generic <u>preventive services</u> medications including contraceptives, in-network preventive dental and vision (in-network and out-of-network) are covered before you meet your <u>deductible(s)</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	Yes; <u>Prescription drugs</u> – \$75 person/\$150 family; Dental – \$75 person/\$200 family.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	There are <u>coinsurance out-of-pocket limits</u> for: In-network combined hospital and medical (including behavioral health) – \$2,750 person/\$5,500 family; There is also an overall <u>out-of-pocket limit</u> for in-network hospital, in-network medical and <u>prescription drugs</u> – \$9,100 person/\$18,200 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.



<p>What is not included in the <u>out-of-pocket limit</u>?</p>	<p>The <u>coinsurance out-of-pocket limit</u> excludes: <u>premiums</u>; <u>balance-billing</u> charges; health care this <u>plan</u> doesn't cover; <u>deductibles</u>; <u>copays</u>; <u>coinsurance</u> for <u>prescription drugs</u>, dental and vision. The overall <u>out-of-pocket limit</u> excludes: <u>premiums</u>, <u>balance-billing</u> charges; health care this <u>plan</u> doesn't cover; <u>deductibles</u>, <u>copays</u> and <u>coinsurance</u> for out-of-network medical and for dental and vision. Certain <u>specialty drugs</u> are considered non-essential health benefits and fall outside the <u>out-of-pocket limits</u>. The cost of these drugs (though reimbursed by the manufacturer at no cost to you) will not be applied towards satisfying your <u>out-of-pocket limits</u>.</p>	<p>Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u>.</p>
<p>Will you pay less if you use a <u>network provider</u>?</p>	<p>Yes. See www.sagafraplan.org/health or call 1-800-777-4013 for a list of <u>network providers</u>.</p>	<p>This <u>plan</u> uses a <u>provider network</u>. You will pay less if you use a <u>provider</u> in the plan's <u>network</u>. You will pay the most if you use an <u>out-of-network provider</u>, and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.</p>
<p>Do you need a <u>referral</u> to see a <u>specialist</u>?</p>	<p>No.</p>	<p>You can see the <u>specialist</u> you choose without a <u>referral</u>.</p>

 All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /visit; <u>deductible</u> does not apply	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	In-network <u>copay</u> does not count toward <u>coinsurance out-of-pocket limit</u> .
	<u>Specialist</u> visit	\$25 <u>copay</u> /visit; <u>deductible</u> does not apply	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	In-network <u>copay</u> does not count toward <u>coinsurance out-of-pocket limit</u> .

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Preventive care/screening/immunization	No charge	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	You may have to pay for in-network services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	10% <u>coinsurance</u>	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	<u>Preauthorization</u> is strongly recommended for sleep studies and neuro-psychological testing. <u>Preauthorization</u> will help you understand what charges may or may not be covered. When required by law, out-of-network diagnostic tests will be treated as in-network.
	Imaging (CT/PET scans, MRIs)	10% <u>coinsurance</u>	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	When required by law, out-of-network imaging will be treated as in-network.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.sagastraplans.org/health	Generic drugs	<u>Preventive services</u> medications, including contraceptives – No charge; <u>deductible</u> does not apply; Retail – Greater of \$10 <u>copay/Rx</u> or 10% <u>coinsurance</u> ; Caremark Home Delivery – Greater of \$20 <u>copay/Rx</u> or 10% <u>coinsurance</u> ; maximum <u>copay</u> is \$50/Rx	The in-network <u>copay</u> or <u>coinsurance</u> plus all charges over the amount an in-network pharmacy would have charged	<u>Copays</u> and <u>coinsurance</u> do not count toward <u>coinsurance out-of-pocket limits</u> . Covers up to a 30-day supply for retail; 90-day supply for mail order or any Caremark Network pharmacy. Long-term drugs starting with the third 30-day fill must be obtained through mail order or from any Caremark Network pharmacy. <u>Specialty drugs</u> must go through mail order. No coverage for <u>non-formulary</u> drugs. You pay the difference in cost if you request a brand name drug instead of its generic equivalent (at Caremark pharmacies/Home Delivery this cost is in addition to the maximum <u>copay</u> amounts). Some drugs may require <u>preauthorization</u> . If the necessary <u>preauthorization</u> is not obtained, the drug may not be covered. The <u>plan</u> also uses utilization management programs that in certain cases require you to try one or more drugs before another drug will be covered.
	Preferred brand drugs	Retail – Greater of \$25 <u>copay/Rx</u> or 25% <u>coinsurance</u> ; Caremark Home Delivery – Greater of \$50 <u>copay/Rx</u> or 25% <u>coinsurance</u> ; maximum <u>copay</u> is \$125/Rx	The in-network <u>copay</u> or <u>coinsurance</u> plus all charges over the amount an in-network pharmacy would have charged	
	Non-preferred brand drugs	Retail – Greater of \$40 <u>copay/Rx</u> or 40% <u>coinsurance</u> ; Caremark Home Delivery – Greater of \$100 <u>copay/Rx</u> or 40% <u>coinsurance</u> ; maximum <u>copay</u> is \$300/Rx	The in-network <u>copay</u> or <u>coinsurance</u> plus all charges over the amount an in-network pharmacy would have charged	
	Specialty drugs	If enrolled in PrudentRx -- \$0	The in-network <u>copay</u> or	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
		copay (all tiers), otherwise: Generic – 30% Preferred Brand – 30% Non-preferred Brand -30%	<u>coinsurance</u> plus all charges over the amount an in-network pharmacy would have charged	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$100 <u>copay</u> /visit plus 10% <u>coinsurance</u>	40% <u>coinsurance</u> plus any charges over \$1,000 for surgical centers and suites	In-network <u>copay</u> does not count toward <u>coinsurance out-of-pocket limit</u> . No coverage for out-of-network hospital charges for outpatient surgery.
	Physician/surgeon fees	10% <u>coinsurance</u>	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	<u>Preauthorization</u> is strongly recommended for bariatric, gender reassignment, eyelid, breast, nasal and non-emergency spinal surgeries. <u>Preauthorization</u> will help you understand what charges may or may not be covered. When required by law, out-of-network physician/surgeon fees will be treated as in-network.
If you need immediate medical attention	<u>Emergency room care</u>	\$100 <u>copay</u> /visit plus 10% <u>coinsurance</u>	\$100 <u>copay</u> /visit plus 10% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	<u>Copay</u> does not count toward <u>coinsurance out-of-pocket limit</u> . Emergency room <u>copay</u> is waived if immediately confined. When required by law, out-of-network emergency room care will be treated as in-network.
	<u>Emergency medical transportation</u>	10% <u>coinsurance</u>	10% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	No coverage for non-emergency <u>medical transportation</u> . When required by law, out-of-network air ambulance transportation will be treated as in-network.
	<u>Urgent care</u>	\$25 <u>copay</u> /visit; <u>deductible</u> does not apply	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	In-network <u>copay</u> does not count toward <u>coinsurance out-of-pocket limit</u> . When required by law, out-of-network emergency services provided at urgent care facilities licensed in the state to provide emergency care will be treated as in-network.
If you have a hospital stay	Facility fee (e.g., hospital room)	\$100 <u>copay</u> /admission plus 10% <u>coinsurance</u>	Not covered except for emergencies	<u>Copay</u> does not count toward <u>coinsurance out-of-pocket limit</u> . Emergency treatment at an out-of-network hospital will be covered at the in-network level of benefits.
	Physician/surgeon fees	10% <u>coinsurance</u>	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	<u>Preauthorization</u> is strongly recommended for organ transplants and bariatric, gender reassignment, eyelid, breast, nasal and non-emergency spinal surgeries. <u>Preauthorization</u> will help you understand what charges may or may not be covered. When required by law, out-of-network physician/surgeon fees will be treated as in-network.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office visits – \$25 <u>copay</u> /visit; <u>deductible</u> does not apply; Other outpatient services – 10% <u>coinsurance</u>	Office visits – 30% <u>coinsurance</u> (based on the <u>plan's</u> allowance); Other outpatient services – 30% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	In-network <u>copays</u> do not count toward <u>coinsurance</u> <u>out-of-pocket limit</u> . Emergency treatment at an out-of-network hospital will be covered at the in-network level of benefits. Residential, partial hospital and intensive outpatient programs are covered as inpatient services (no coverage for out-of-network except for emergencies). <u>Preauthorization</u> is strongly recommended for transcranial magnetic stimulation. <u>Preauthorization</u> will help you understand what charges may or may not be covered.
	Inpatient services	\$100 <u>copay</u> /admission plus 10% <u>coinsurance</u>	Not covered except for emergencies	
If you are pregnant	Office visits	Pre-natal – No charge; Postnatal – 10% <u>coinsurance</u>	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	In-network <u>copays</u> do not count toward <u>coinsurance</u> <u>out-of-pocket limits</u> . <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, a <u>copay</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound, which is covered as a <u>diagnostic test</u>). For dependent children, only pre-natal visits at in-network providers and complications of pregnancy are covered.
	Childbirth/delivery professional services	10% <u>coinsurance</u>	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	
	Childbirth/delivery facility services	\$100 <u>copay</u> /admission plus 10% <u>coinsurance</u>	Not covered except for emergencies	
If you need help recovering or have other special health needs	Home health care	10% <u>coinsurance</u>	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	<u>Preauthorization</u> is strongly recommended for outpatient private duty nursing, which is limited to 672 hours/year. <u>Preauthorization</u> will help you understand what charges may or may not be covered.
	Rehabilitation services	10% <u>coinsurance</u>	Physical or occupational therapy – 40% <u>coinsurance</u> plus any charges over \$65/visit;	<u>Rehabilitation/habilitation</u> therapy visits count toward the 12-visit chiropractic and 8 visit acupuncture calendar quarter maximums (see summary plan description).
	Habilitation services		Speech or vision therapy – 40% <u>coinsurance</u> plus any charges over \$55/visit	
	Skilled nursing care	Not covered	Not covered	Not covered
	Durable medical equipment	10% <u>coinsurance</u>	40% <u>coinsurance</u>	The <u>plan's</u> allowance is limited to the purchase allowance.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Hospice services	10% <u>coinsurance</u>	40% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	Must be terminally ill with a life expectancy of less than 12 months.
If your child needs dental or eye care	Children's eye exam	\$10 <u>copay</u> /exam	20% <u>coinsurance</u> plus any charges over \$62.50/exam	1 exam/calendar year. Covered under the VSP benefit. In-network <u>copay</u> does not count toward the <u>coinsurance</u> <u>out-of-pocket limit</u> or the overall <u>out-of-pocket limit</u> .
	Children's glasses	Not covered	Not covered	Not covered
	Children's dental check-up	No charge	25% <u>coinsurance</u> (based on the <u>plan's</u> allowance)	1 exam/6 months. Covered under the Delta Dental benefit.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .)		
<ul style="list-style-type: none"> • Cosmetic surgery • Glasses • Infertility treatment • Learning disabilities • Long-term care 	<ul style="list-style-type: none"> • Maternity care for dependent children except prenatal care from in-network providers and <u>complications of pregnancy</u> • Non-emergency treatment at out-of-network hospitals • Orthodontia 	<ul style="list-style-type: none"> • Private-duty nursing (inpatient) • <u>Skilled nursing facilities</u> • Surgery to correct refractive errors (e.g. LASIK, PRK, RTK) • Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
<ul style="list-style-type: none"> • Acupuncture (out-of-network allowance is limited to \$55/visit; maximum 8 visits/calendar quarter; see summary plan description) • Bariatric surgery when preauthorized (minimum BMI of 40; or minimum BMI of 35 with other weight-related conditions) • Chiropractic care (in-network and out-of-network allowance is limited to \$45/visit; maximum 12 visits/calendar quarter; see summary plan description) 	<ul style="list-style-type: none"> • Coverage provided outside the United States (including non-emergency care when traveling) • Dental care (adult) – Dental benefits are provided under the Delta Dental benefit, including benefits for children • Hearing aids (maximum payment is \$1,500/device; maximum 1 device/ear/3-year period) 	<ul style="list-style-type: none"> • Private duty nursing (outpatient) when preauthorized (limited to 672 hours/year) • Routine eye care (adult) – Vision benefits for eye exams are provided under the VSP benefit, including benefits for children. • Routine foot care (removal of corns/calluses or cutting of nails) when medical necessity exists, such as diabetes, neuropathies, etc.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: the [plan](#) at 1-800-777-4013 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-777-4013.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-777-4013.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-777-4013.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-777-4013.]

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$500
- [Specialist](#) copayment N/A
- Hospital (facility) [copay/coinsurance](#) \$100/
10%
- Other [coinsurance](#) 10%

This EXAMPLE event includes services like:

- [Specialist](#) office visits (*prenatal care*)
- Childbirth/Delivery Professional Services
- Childbirth/Delivery Facility Services
- [Diagnostic tests](#) (*ultrasounds and blood work*)
- [Specialist](#) visit (*anesthesia*)

Total Example Cost \$12,700

In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$500
Copayments	\$100
Coinsurance	\$1,100
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Peg would pay is	\$1,760

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$500
- [Specialist](#) copayment \$25
- Hospital (facility) [copay/coinsurance](#) \$100/
10%
- Other [coinsurance](#) 10%

This EXAMPLE event includes services like:

- [Primary care physician](#) office visits (*including disease education*)
- [Diagnostic tests](#) (*blood work*)
- [Prescription drugs](#)
- [Durable medical equipment](#) (*glucose meter*)

Total Example Cost \$5,600

In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$200
Copayments	\$600
Coinsurance	\$900
<i>What isn't covered</i>	
Limits or exclusions	\$160
The total Joe would pay is	\$1,860

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$500
- [Specialist](#) copayment \$25
- Hospital (facility) [copay/coinsurance](#) \$100/
10%
- Other [coinsurance](#) 10%

This EXAMPLE event includes services like:

- [Emergency room care](#) (*including medical supplies*)
- [Diagnostic test](#) (*x-ray*)
- [Durable medical equipment](#) (*crutches*)
- [Rehabilitation services](#) (*physical therapy*)

Total Example Cost \$2,800

In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$500
Copayments	\$75
Coinsurance	\$200
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$775

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.