

Helpful Reminders for 2026

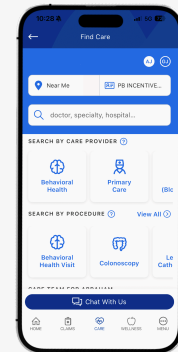
Behavioral Health Network Update

Starting January 1, 2026, Anthem will now be SAG-AFTRA Health Plan's behavioral health provider network.

[Learn more](#)

Check Your Providers for 2026

You can check that your providers are still in-network by using the [Anthem Sydney app](#), [Anthem member portal](#) or by calling Anthem Health Guides at **(833) 414-5790**.



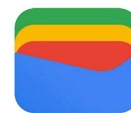
Watch for New Anthem ID Cards

Your 2026 Anthem ID card will be mailed in early January (*or after your January premium is paid*).

You can also access your digital ID card through the [Anthem Sydney app](#) or the [Anthem member portal](#), and add it to your Apple or Google Wallet.



Apple Wallet



Google Wallet

Sincerely,
SAG-AFTRA Health Plan