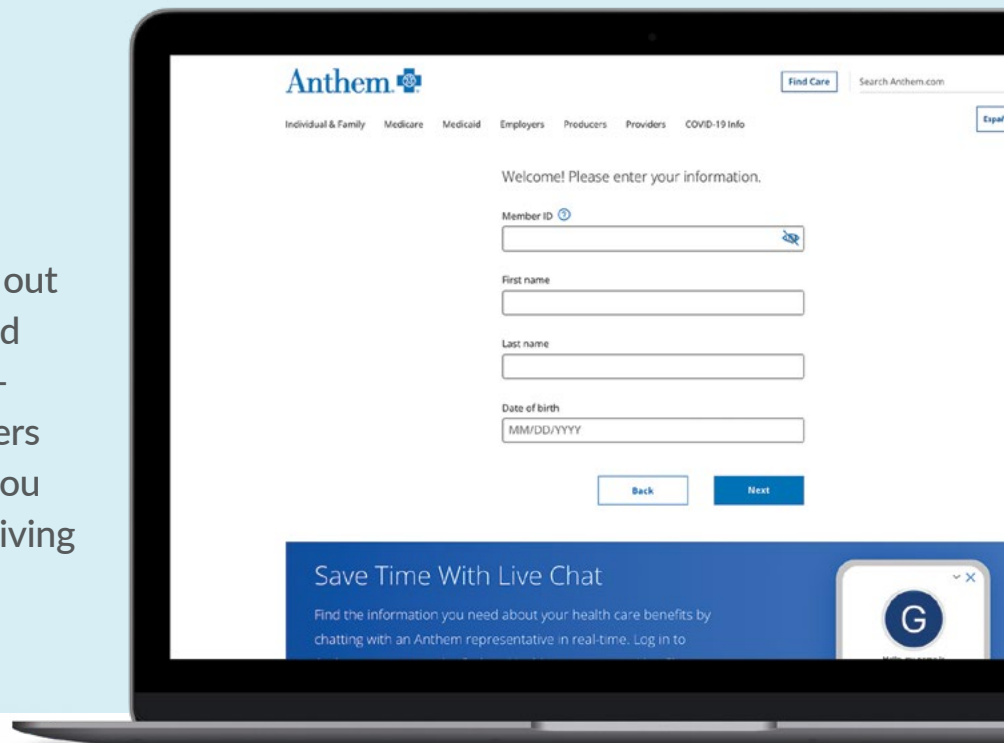


New year, new tools to save time and money

A new year means calendar-year deductibles restart. So, until you meet your deductibles, you'll pay out of pocket for medical, hospital and prescription drug costs. The SAG-AFTRA Health Plan (the Plan) offers tools and services that can help you save time and money, including giving you easy access to your benefits information. Read on for details!



Newsletters will now be paperless

Recent survey results indicate that Plan participants prefer digital communications. So, we'll be sending future newsletters right to your inbox. You can always visit sagaftraplans.org for back issues.

Make sure your email address is current on Benefits Manager (see page 3).

What's inside

- 2** Your health plan information tools
 - Anthem's Sydney Health app
 - Anthem Health Guides
 - Benefits Manager

- 4** Save time, money and stress
 - Rx Savings Solutions
 - Translucent Surgery Care
- 6** Who to contact when

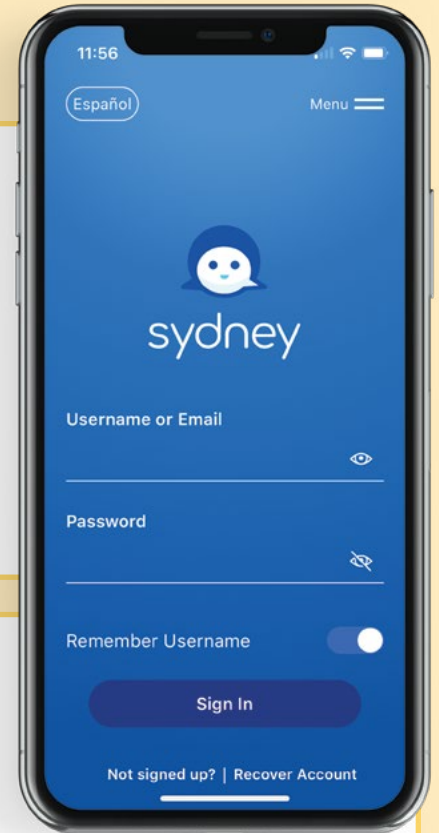
Enjoy easier access to information

Say hello to Anthem's Sydney Health app

Register now for an account. Dependents can have their own accounts too! See instructions below.

Use Sydney to:

- Download and use your digital ID card
- Find providers and compare costs
- Review the status of a claim
- Schedule LiveHealth Online telehealth appointments
- Receive wellness reminders
- Use Live Chat and speak with Anthem Health Guides (see next page)



One digital ID card for all your benefits

Download your ID card on [anthem.com/ca](https://www.anthem.com/ca) or the Sydney Health app.

Use your ID card for office visits, testing and labs, telehealth, hospital, dental, vision, behavioral health and prescription drug services.

Keep your ID card in your digital wallet. You'll still receive a paper ID card in the mail from Anthem, about a week after you pay your premium. Use your ID card to access your Anthem, CVS prescription drug, Carelon Behavioral Health Health (formerly Beacon Health Options), Delta Dental and Vision Service Plan (VSP) benefits.



Once you pay your Plan premium, you can register for the Sydney Health app.

On your smartphone

Download the Sydney Health app.



Google Play



App Store

On your computer

Register on [anthem.com/ca](https://www.anthem.com/ca), and access the online portal.

Meet your Anthem Health Guides through chat or phone

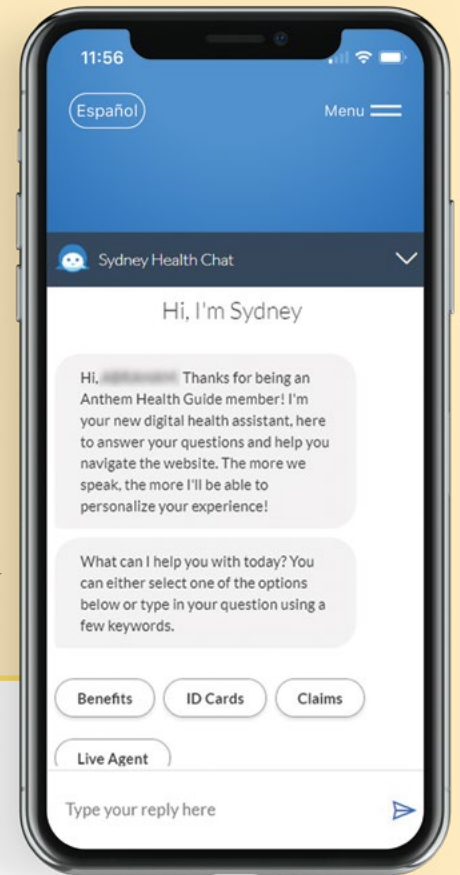
Anthem Health Guides are concierge-level specialists trained on the Plan's medical and hospital benefits.

Call or chat to:

- Get answers to benefits questions
- Get help with coordination of benefits with other insurance
- Resolve a billing issue
- Get help advocating for your medical needs
- Get help coordinating or scheduling care

Get answers fast with Anthem's live chat feature

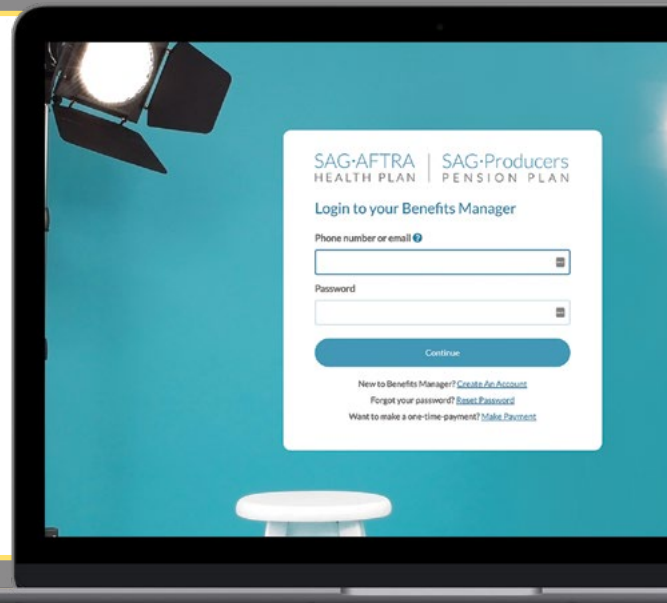
Live chat with Anthem Health Guides from the Sydney Health app, or log in to [anthem.com/ca](https://www.anthem.com/ca), and click on the Sydney Health logo at the bottom of the screen. You can also click on **Support**, then **Live Chat**. Live chat is available Monday through Friday, 8:00 a.m. to 11:00 p.m. Eastern.



Visit Benefits Manager for earnings and eligibility details

Use Benefits Manager to:

- Check your earnings
- Check your eligibility for benefits, and confirm benefit period dates
- Update beneficiaries and Dependents
- Enroll in coverage
- Confirm email and home mailing address
- Pay premium
- **NEW!** Complete Working Spouse Rule verification process



Log in to Benefits Manager at my.sagaftraplans.org, or create an account. Be sure to keep your email and home address current on Benefits Manager.

Tips, tools and reminders for 2023



A new year means your deductibles restart

You'll pay out of pocket until you meet your deductible before the Plan will begin to share the cost of your medical care (including mental health) and prescription drugs.

Combined hospital and medical calendar-year deductible for 2023 (including mental health)

BlueCard PPO / Carelon Behavioral Health (formerly Beacon Health Options) — \$500 per person; \$1,000 per family

Prescription drug calendar-year deductible

\$75 per person; \$150 per family

Even though deductibles restart, here are a few ways to save money:

- The Plan covers in-network preventive services at no cost to you — and no deductible or copay.
- The Plan covers in-network preventive medications at no cost to you — and no deductible or copay — including female contraceptives! For maintenance medication, you can save money by using CVS Caremark Home Delivery for up to a 90-day supply. Additional savings on drugs may be available through Rx Savings Solutions (see box on the next page).
- With Translucent Surgery Care, you pay \$0 for certain procedures — and no deductible (see next page).



In-network preventive services, including immunizations, covered at no cost to you with no deductible or copay:

- Well-baby and well-child visits, including immunizations
- Annual physical or checkup, including immunizations
- Cancer screenings (mammograms, colonoscopies, etc.)
- Vaccines (flu shots, pneumonia shots)



Beacon Health Options is now Carelon Behavioral Health

Your behavioral health and substance use disorder benefits and providers stay the same; and all phone numbers, emails, websites and apps will redirect you to the right place. (See contact information on page 6.) You don't need to take any action at this time.



Reminders!

1095-B forms are now available on Benefits Manager.

COVID-19 public health emergency ends May 11, 2023. We'll email you with information about how this may affect you.

Save \$\$ with Rx Savings Solutions (RxSS)



Download the Rx Savings Solutions app to get started.



Transcarent Surgery Care offers surgical options and care coordination – at NO cost to you

40
surgeries*
with more than
\$1,000
in savings

Surgery Care covers these types of nonemergency procedures: orthopedic, spine, women’s health, cardiac, vascular, bariatric and neurological.

Please note: Surgery Care does not cover these procedures: emergency, pediatric (under age 13), cosmetic, dental, diagnostic, vision and transplant.



For more details or to get started, speak to a Care Coordinator at (855) 601-0667, or email surgerycare@transcarent.com.

Use Surgery Care even if you’re not sure you’ll need surgery. Here’s one testimonial:

“When I broke my thumb, I contacted Transcarent to take advantage of a potentially free surgery. My Care Coordinator responded within a day, connected me with a knowledgeable doctor in my area and helped coordinate my visits. I definitely recommend contacting Transcarent!”

– SAG-AFTRA Health Plan participant



* Includes scheduled and pending procedures

Got questions?

- ?** About a claim?
Use the Sydney Health app, or log in to [anthem.com/ca](https://www.anthem.com/ca) to live chat with an Anthem Health Guide. Ask questions, like *Is my service covered?* or *Do I need to precertify my surgery?*
- ?** About non-claim-related issues?
Refer to the “Who do I contact?” chart on page 6.

The Plan is available to help you resolve problems *after* you speak to Anthem (or another vendor) about the issue. Contact the Plan by phone or through Benefits Manager at [my.sagafttraplans.org/health](https://www.my.sagafttraplans.org/health).

Who do I contact?

Eligibility and earnings

Eligibility, earnings, other issues related to the Plan	Contact the Plan, or log in to Benefits Manager at my.sagafttraplans.org/health	(800) 777-4013 sagafttraplans.org/health
Healthcare issues Anthem or another benefit provider can't resolve		

For information on	What you want to do	Where you can go	Phone and online
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Medical and hospital benefits

Claims and appeals for services before January 1, 2023	<ul style="list-style-type: none"> File a claim Request an appeal 	Contact the Plan, or log in to Benefits Manager at my.sagafttraplans.org/health	(800) 777-4013 sagafttraplans.org/health
Claims and appeals for services after January 1, 2023	<ul style="list-style-type: none"> File a claim Request an appeal <p>Ask a question like... <i>What is the status of my claim?</i> <i>How do I file an appeal?</i></p>	Anthem <ul style="list-style-type: none"> Anthem Member Portal Sydney Health app 	(833) 414-5790 Download the Sydney Health app on Google Play or the Apple App Store anthem.com/ca
Benefits	<p>Ask a question like... <i>Is my service covered?</i> <i>I need to precertify my surgery</i></p>		
Telehealth network for medical care	<ul style="list-style-type: none"> Schedule an appointment Speak to a provider <p>Ask a question like... <i>How much does this appointment cost?</i></p>		
Unresolved and / or escalated issues	<ul style="list-style-type: none"> Contact the Plan <i>after</i> calling Anthem 	Contact the Plan, or log in to Benefits Manager at my.sagafttraplans.org/health	(800) 777-4013 sagafttraplans.org/health

For information on	Who to contact	Phone and online
Mental health benefits		
Behavioral health and substance use disorder	Carelon Behavioral Health	(866) 277-5383 achievesolutions.net/sag-aftra
Virtual visits for behavioral health services	MDLIVE	(800) 400-6354 mdlive.com
Other benefits		
Prescription drug benefits	CVS Caremark	(833) 741-1361 caremark.com
Dental benefit	Delta Dental	(800) 846-7418 deltadentalins.com/sag-aftra
Vision benefit	Vision Service Plan (VSP)	(800) 877-7195 vsp.com
Life insurance and AD&D	MetLife	(800) 777-4013 sagaftraplans.org/health
Quit For Life [®] smoking cessation	Quit For Life [®] Program	(866) QUIT-4-LIFE; (866) 784-8454 sagaftraplans.org/quit4life
Specialized care coordination and savings tools		
Prescription drug savings	Rx Savings Solutions (RxSS)	(800) 268-4476 myrxss.com
Surgery care coordination	Transcarent Surgery Care	(855) 601-0667
Unresolved and / or escalated issues related to benefits	Contact the Plan <i>after</i> calling the applicable number in "Who to contact," or log in to Benefits Manager at my.sagaftraplans.org/health	(800) 777-4013 sagaftraplans.org/health

For more information about your benefits

Go to sagaftraplans.org/health.

Log in to Benefits Manager at my.sagaftraplans.org/health.

Call the Plan at **(800) 777-4013**.

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HEALTH PLAN